

WOUND CARE TIPS



Clean/Irrigate



Protect Skin Around Wound



**Pack with gauze (deep)
Screen (shallow)**



Cover/Absorb Drainage



Secure Dressing

- Cleanse the wound with saline or sterile water
-Treated tap water/castile soap are acceptable alternatives
- Apply barrier ointment to skin around the wound to prevent skin damage from excessive moisture
- Cover a shallow wound bed with a wound contact layer (screens) to prevent dressings from sticking to the wound
- Pack deep wounds with moistened gauze so they heal evenly
- Use absorbent dressing to manage drainage (Abd pad)
- Secure dressings with stretch gauze or elastic bandages as tape may damage skin around the wound
- Try to remove dead black/gray/yellow tissue as tolerated when cleaning your wound
- Do not let the wound dry out
-Keep it moist so it heals
- Avoid injecting into a wound
- Seek medical attention if you have fevers, chills, or swelling/redness expanding from wound
- Heroin/Fentanyl can be cut with Xylazine/Tranq/Veterinary tranquilizer which can cause wounds