

Basic Wound Care Formulary

Gauze	Sterile cotton (any brand): Cleaning and irrigating wounds as well as packing (wet to moist). (4x4) Conforming stretch gauze: Secure secondary dressings. Less friable than kerlix and holds better to contours. (4-inch X 5-yard)
Absorbent dressings	Abdominal pad (any brand): Used as a secondary dressing to absorb moderate to heavy wound exudate. (5x9)
Calcium Alginate	Made from seaweed, highly absorptive, forms non-adhering gel when saturated. Great for packing wounds
Non-adherent pad (Telfa)	Can be used to cover superficial wounds. Non-stick backing won't traumatize the wound bed. (4X4)
Oil emulsion non-adhering dressing (Adaptic)	Non-adherent wound contact layers. Petrolatum impregnated acetate mesh. To be placed in contact with wound bed. Allows exudate to flow through onto secondary dressing. Prevents dressing from adhering to wound. (3X8)
Zinc oxide barrier cream	Protect peri-wound skin from exudate and moisture associated maceration.
Petroleum Jelly	Barrier agent and used to cover superficial wounds.
Medical Honey (MediHoney or Manuka type)	Assists with autolytic debridement of wounds. Osmotically pulls fluid into wound bed. Can be used on dry necrotic wounds.
Hydrogel	Donates moisture to dry and desiccated wounds. Assists with autolytic debridement. Used to hydrate dry necrotic tissue.
Sterile saline 120ml	Wound irrigation and cleansing.
Povidone Iodine 10% Solution	Broad spectrum antiseptic. Dilute 1:10 and irrigate heavily colonized/odorous wounds.
Elastic bandage	Securing dressings on upper/lower extremities. Can be washed and reused by client. (4-6 inch X 5 yards)
Surgical Tape (Medipore/ Micropore)	Do not secure dressing directly to skin. Tape will damage wound margins when removed.
Castile soap packets	Provide to clients for wound irrigation/cleansing. Can be placed in bottle of saline or water, shake/use to clean wound. Great for clients without housing.
Absorbent under pads (chucks)	Catch effluent and wound debris during dressing changes.
Mask (Ear loop face mask/dental mask)	Protect face and mucous membranes from infectious material.



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