

Nevada Hospital Overdose Surveillance Quarterly Report

Quarter 1 (January to March 2026)

The Centers for Disease Control and Prevention (CDC) Overdose Data to Action (OD2A) is a program that supports state, territorial, county, and city health departments in obtaining more comprehensive and timelier data on overdose morbidity and mortality. The program is meant to enhance opioid overdose surveillance, reporting, and dissemination efforts to better inform prevention and early intervention strategies. This quarterly report contains information on *overdose within the state of Nevada utilizing emergency department (ED) visits data from the National Syndromic Surveillance Program*. This report is meant to inform hospital stakeholders of the changes in drug-related overdose ED encounters.

Report Highlights:

- There were **increases in the rate of suspected drug overdoses** Statewide (1.2%), in Clark County (3.2%), and in the Rural Region (14.1%) from Q4 2025 to Q1 2026 from Syndromic Surveillance.
- There were **decreases in the rate of suspected drug overdoses** in the Northern Region (-0.6%), the Southern Region (-0.8%) and in Washoe County (-7.2%) from Q4 2025 to Q1 2025 from Syndromic Surveillance.
- Patients that visited the ED for drug-related overdose in Q1 2026 were more likely to be **male, White, and between the ages of 35-44**.
 - Highest rates among Black, non-Hispanic persons

Figure 1. Monthly suspected drug-related overdoses from Syndromic Surveillance in Nevada, past 15 months

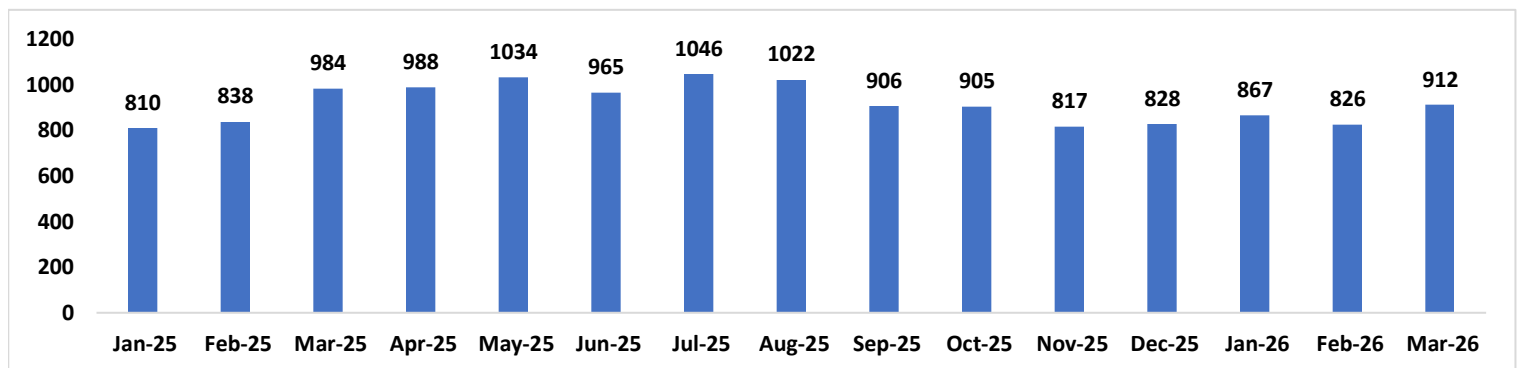


Table 1. Count and rate of suspected drug-related overdoses from Syndromic Surveillance in Nevada by behavioral health region by quarter, Q1 2025-Q1 2026 (rate per 100,000)

Quarter	Statewide	Clark	Washoe	Northern	Rural	Southern
Q1 2025	2632 (79.0)	2011 (82.4)	468 (89.9)	72 (34.6)	67 (67.0)	24 (37.7)
Q2 2025	2987 (89.6)	2320 (95.1)	500 (96.0)	83 (39.9)	61 (61.0)	23 (36.1)
Q3 2025	2974 (89.2)	2275 (93.2)	524 (100.6)	94 (45.2)	59 (59.0)	22 (34.5)
Q4 2025	2550 (76.5)	1956 (80.1)	476 (91.4)	74 (35.6)	42 (42.0)	2 (3.1)
Q1 2026	2605 (77.4)	2032 (82.7)	445 (84.8)	77 (35.4)	49 (47.6)	2 (3.1)
Percent Change	1.2%	3.2%	-7.2%	-0.6%	14.1%	-0.8%

Note: Percent change indicates the change in rate from Q4 2025 to Q1 2026.

Technical Notes:

Data Source: National Syndromic Surveillance Program is a near real-time method of categorizing visits to the ED across Nevada based on a patient's chief complaint and/or discharge diagnosis.

Case definitions: For National Syndromic Surveillance Program, case definitions and queries for suspected all drug ED visits are created and provided by CDC and include chief complaint keywords and ICD-10-CM discharge diagnosis codes.

Behavioral health regions: Northern (Carson City, Lyon, Douglas, Churchill, and Storey), Rural (Humboldt, Pershing, Lander, Eureka, Elko, White Pine), and Southern (Mineral, Esmeralda, Nye, Lincoln).

Limitations: Statewide, the National Syndromic Surveillance Program is estimated to capture visits from approximately 90-95% of Nevada emergency department facilities, and thus may underestimate the occurrence of overdoses across the state. Since not everyone who overdoses is able to make it to the ED, this report may underestimate the total overdose burden in the state.

Address questions/comments to Nevada OD2A's Opioid Epidemiologist, Taylor Lensch, PhD, MPH, at tlensch@unr.edu.

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I. Syndromic Surveillance:

Figure 2. Sex of suspected drug overdose ED visits in Nevada, January 1, 2026 to March 31, 2026 (N=2,592)

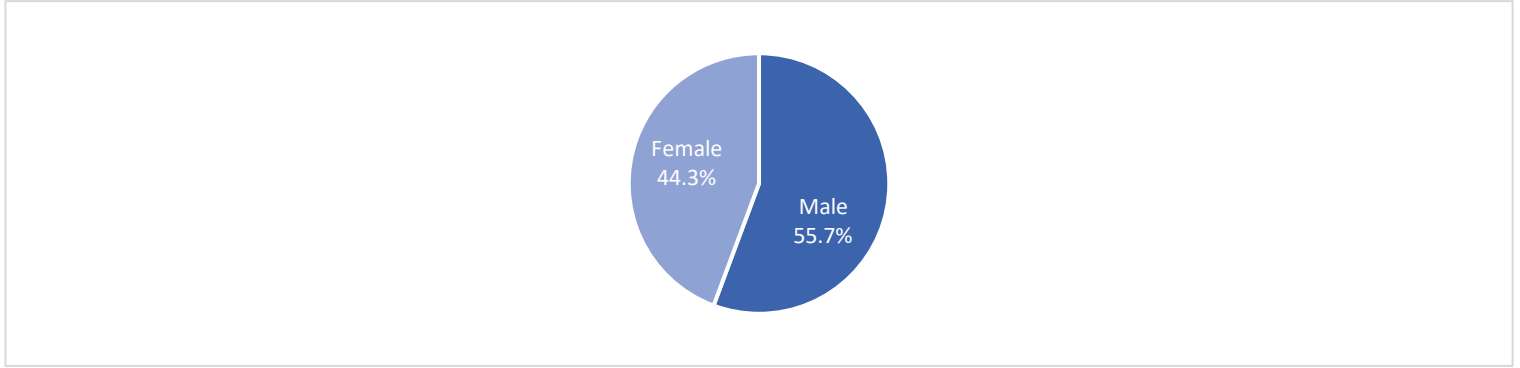
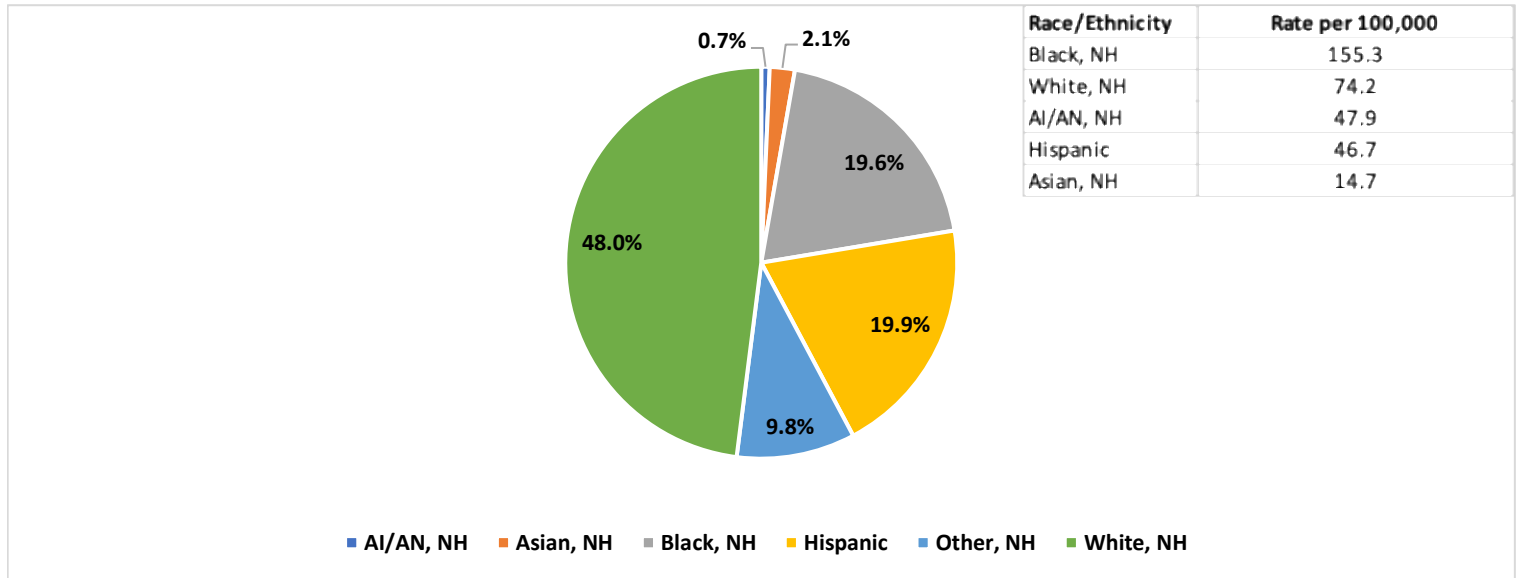


Figure 3. Age of suspected drug overdose ED visits in Nevada, January 1, 2026 to March 31, 2026 (N=2,595)

Figure 4. Race/Ethnicity of suspected drug overdose ED visits in Nevada, January 1, 2026 to March 31, 2026 (N=2,463)



Note: Race and ethnicity categories utilize calculated and combined race and ethnicity categories using the CDC NSSP broad definition (if ethnicity is not reported, it is non-Hispanic), which was computed using PHIN flatline codes. All categories are non-Hispanic unless otherwise stated. Native Hawaiian/Other Pacific Islander are included in the Asian category. Data quality may change month to month race/ethnicity. Percentages exclude missing data. NH=Non-Hispanic. AI/AN = American Indian/Alaskan Native. Other includes multi-racial and other race.