# NALOXONE PROVIDERS

### Find Statewide Distribution Sites

www.nvopioidresponse.org

### Harm Reduction Agencies

**Change Point** 445 Ralston Street, Reno, NV 89503 775-997-7519

**Trac-B Exchange** 6114 W Charleston Blvd., Las Vegas, NV 89146 702-840-6693

### **Treatment Providers**

www.behavioralhealthnv.org

The average cash pay price range for NARCAN Nasal Spray in

Nevada is \$75-\$145

NARCAN Nasal Spray is covered under NV Medicaid

# For immediate support for behavioral health crisis services call or text 988

# **Opioid Safety**

and how to use naloxone



This project was supported in whole or in part by the Nevada Division of Public and Behavioral Health Bureau of Behavioral Health, Prevention, and Wellness through funding provided by the Nevada State Opioid Response Grant awarded by the Substance Abuse and Mental Health Services Administration.







# What is an opioid and how can you overdose?

Opioids include illicit drugs such as heroin or prescription medications used to treat pain such as oxycodone, hydrocodone, and fentanyl. An opioid overdose can happen when you take too many opioids at once or mix them with other drugs and your breathing slows or stops.

## 6

#### To avoid an accidental opioid overdose:

- Avoid mixing your opioids with alcohol, benzodiazepines (Xanax, Ativan, Klonopin, Valium), or medicines that make your sleepy.
- Be extra careful if you miss or change doses, feel ill, or start new medications.

#### How to identify an opioid overdose:

Look for these common signs:

- The person won't wake up or respond to voice or touch
- Breathing slows or even stops
- Lips and fingernails turn blue or gray

#### In case of overdose:

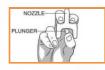
- 1. Call 911 and administer naloxone.
- 2. Do rescue breathing or chest compressions
  - Check for clear airway. If blocked, roll on side and use finger sweep to clear.
  - Roll onto back, tilt head back and pinch nose.
  - Give 2 regular breaths.
  - If still not breathing on own, give 1 breath every 5 seconds.
  - Continue rescue breathing or chest compressions until person revives or help arrives.
  - Once the person starts breathing on own, put them in the recovery position. Remember to keep breathing for them until the person is able to breath on own.
- 3. Place into Recovery Position:
  - Roll the person on their side, with top arm placed under their head.
  - Pull the top knee and arm over their body to keep them on their side. This will help prevent them from choking if they vomit. After naloxone is administered, stay with a person for at least 3 hours or until help arrives.

## How to administer NARCAN Nasal Spray:

Step 1: Remove NARCAN Nasal Spray from box and peel back the tab to open it.



Step 2: Hold the NARCAN Nasal Spray with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.



Step 3: Insert tip of the nozzle into either nostril until your fingers on either side of the nozzle are against the bottom of the person's nose. Tilt the person's head back and place your hand under the neck for support.



Step 4: Press the plunger firmly to give the entire dose into one nostril.



Step 5: If no or minimal reaction in 2-3 minutes, repeat with a new NARCAN Nasal Spray device into other nostril.

Nevada's Good Samaritan Law offers protection from arrest to individuals who seek medical assistance for a person experiencing a drug or alcohol overdose and the individual who experienced the overdose.

Protection is not offered from arrest for charges related to possession with intent to sell/distribute, child neglect/endangerment or for individuals with active warrants for their arrest.

Now that you have naloxone . . . Tell someone where it is and how to use it.